

## **Crisis and Mental Health Services**

### **CRISIS HOTLINE**

#### **Contact Crisis Helpline**

**Hotline: 1(800)262-9800 or (302) 761-9100**

**TTD: (302) 761-9700**

Area Served: Statewide

Hours of Operation: 24 hours, 7 days per week for CONTACT Crisis Helpline, 8:30 – 4:30 M-F, for office

CONTACT\_Crisis Helpline Services provide immediate statewide toll-free 24-hour access to telephone counseling, crisis intervention, suicide prevention, information and referral services for anyone in need.

### **Department of Children, Youth and Families:**

#### **Division of Prevention and Behavioral Health Services**

1825 Faulkland Road, Wilmington, DE 19805

(302) 633-2600 – Main Office

(302) 633-2571; (302) 633-2591 – Statewide Intake

**1 (800) 722-7710 – Child Priority Response** - emergency help with a child's emotional problem

Area Served: Statewide

Hours of Operation: Crisis Services available 24 hours a day

Provides a statewide continuum of prevention services, early intervention services, and mental health and substance abuse (behavioral health) treatment programs for children and youth. These services have graduated levels of intensity and restrictiveness that are child-centered and family focused.

Child Priority Response Services is a 24-hour crisis line providing services for youth under 18 years of age. The CPRS assists children who may be in need of emergency hospitalization, who are exhibiting self-destructive behavior, or who are exhibiting symptoms of severe psychiatric illness. A trained crisis worker or team will assist with the crisis. The crisis worker or team will work with the caretakers on a short-term basis and make appropriate referrals for follow-up services.

### **Mobile Crisis Intervention Service**

**Statewide: 1(800)-652-2929 or 1(302)577-2484**

Hours of Operation: 24 hours a day, 7 days a week

Mobile Crisis Intervention Service (MCIS) is the emergency mental health program of the Community Mental Health Center, under the Division of Substance Abuse and Mental Health. Staff is available 24 hours a day to assist help adults experiencing a mental health, substance abuse or gambling crisis. These problems may include depression, major life changes such as unemployment or loss of a loved one, anxiety, feelings of hopelessness, thoughts of suicide, delusions, paranoia and substance abuse.

For substance abuse services, call any of the following treatment providers to make an appointment for screening and assessment:

Brandywine Counseling	(302)472-0381
Connections CSP, Inc.	(866)477-5345
Kent Sussex Counseling Services	(302)735-7790
Thresholds Inc.	(302)856-1835

### **MeadowWood Behavioral Health System, Psychiatric and Addiction Assessment and Referral Center**

575 S. DuPont Highway, New Castle, DE 19720

**Statewide: 1-(800) 289-8336**

Area Served: Statewide

Hours of Operation: 24 hours a day, 7 days a week

This department provides face-to-face assessments, evaluation and care level determinations. MeadowWood also provides in-patient and out-patient psychiatric and addictions treatment to adolescents and adults.

### **Rockford Center, Assessment and Referral Center**

100 Rockford Drive, Newark, DE 19713

**(302) 996-5480**

Area Served: Statewide

Hours of Operation: 24 hours, 7 days a week

The Assessment and Referral Center (ARC) staff provides face-to-face assessment, evaluation and recommendations for referral services. Children and adolescents must be accompanied by a parent or legal guardian. Scheduled appointments preferred. Rockford Center offers inpatient, partial hospitalization, and outpatient psychiatric services for: children ages 4-12, adolescents ages 13-17, adults 18-65, and older adults 65+.

### **National Alliance on Mental Illness in Delaware (NAMI Delaware)**

2400 W. 4<sup>th</sup> Street, Wilmington, DE 19805

[www.namidelaware.org](http://www.namidelaware.org)

(302) 427-0787 – Main Office

**(888) 427-2643 – Help-Line- Operational during normal business hours.**

Area Served: Statewide

Hours of Operation: 8:30- 4:00, M-F

NAMI Delaware provides a telephone Help-Line service during normal business hours. Through this service, NAMI Delaware staff provides emotional support for families and loved ones dealing with mental illness including depression, bipolar disorder, and other mental illnesses. Issues such as problem solving, communication techniques, crisis and relapse prevention and care for the caregiver are often

addressed. Information about housing and other helpful community resources (support groups, agencies, books, videos, and websites) are shared.

### **Supporting Kidds**

1213 Old Lancaster Pike, Hockessin, DE 19707

**(302) 235-5544**

[support@supportingkidds.org](mailto:support@supportingkidds.org)

[www.supportingkidds.org](http://www.supportingkidds.org)

Area Served: Statewide and surrounding region

Hours of Operation: Office typically staffed 9:00-5:00, M-F, with evening hours by appointment

Supporting Kidds offers a full-range of support and clinically-based services for children and families experiencing issues related to loss and death. They provide assessments, education and referrals as part of individual, group and family therapy for children ages 5-18 and their caregivers. Supporting Kidds also offers resources in Spanish.