



## Delaware Grief Awareness Consortium Press Release

**October 6, 2014**

Christine A. Cannon, PhD, RN, Co-Chair  
Nina Bennett, MS, Co-Chair

[www.degac.org](http://www.degac.org)

### **Delaware Grief Awareness Week: Join us for our November Events**

**Newark, Delaware** – During the month of November, the Delaware Grief Awareness Consortium encourages people to learn about grief, express their thoughts and feelings of loss, and to honor the memory of family and friends who have died by participating in events in their communities. The Delaware Grief Awareness Consortium, a group of volunteers with personal interests and professional expertise in supporting those who are grieving, works to improve the public's and professionals' understanding of grief and access to local bereavement resources for families. Events scheduled during the 2014 Delaware Grief Awareness Week (November 2nd through 8<sup>th</sup>) and throughout the month of November provide many opportunities to learn and express feelings related to grief and loss in Delaware.

In 2009, Delaware's Governor Jack Markell and Lieutenant Governor Matt Denn proclaimed the first full week in November as Delaware's Grief Awareness Week to be "set aside to enhance solidarity with our human mortality and our common need for mourning and healing." Many organizations are embracing the words of the Governor's Proclamation by displaying it publicly. The Delaware Grief Awareness Consortium asks that all Delawareans read the proclamation which can be found on the group's website ([www.degac.org](http://www.degac.org)) with the hope that it will trigger moments of reflection and discussion.

In celebration of the week and in honor of the impact of loss and grief on our state, the Consortium recognizes the many activities throughout the month of November that support the expression of loss and grief as families look towards the holiday season. Throughout November, local activities and events open to the public include presentations, workshops, memorial services, walks, and even a children's art show. A complete list can be found at [www.degac.org](http://www.degac.org) at the end of October.

#### **Attachments:**

- Governor's Proclamation of Grief Awareness Week
- Governor's Proclamation of Grief Awareness Week (Spanish)

**For questions please contact:**

**Nina Bennett, MS**

**Co-Chair, Delaware Grief Awareness Consortium**

**[nbennett@christianacare.org](mailto:nbennett@christianacare.org)**